

The UCR logo consists of a dark blue square with the letters "UCR" in white, bold, sans-serif font. The square is tilted slightly to the right.

**UCR**

How:

TO START  
THERAPY AT CAPS



## Counseling and Psychological Services

Call  
(951) 827-5531,  
and select option  
2 to speak to a  
receptionist and  
ask to schedule  
an appointment.